

A \$75 non-refundable deposit will hold your spot for any session!



Oak Brook Racquet & Fitness Club
630-654-2442

Pilates Schedule for Winter 2009

www.obrhc.com

Session 1: November 30 – February 5

Mon	Tue	Wed	Thu	Fri	Sat	Sun
	6:00 MJ					
8:00 Linda		8:30 Gina			Interested in a Weekend Class? <i>Contact Gina</i>	
9:15 MJ Essential Brand New to Pilates	9:00 Julie	9:30 Gina	9:00 Julie			
10:15 MJ	10:00 Julie		10:00 Julie			
			1:30 Kat			
			6:30 Salle			

Ask about Privates, Duets, Trios...
Perfect your Pilates practice with more personal attention from your trainer. Progress faster and get a program designed especially for you.

Partner Match
Interested in being paired with a partner for a duet? Interested in a time not offered? Call Gina to make your preferences known.

